

Revised August 24, 2007

AD/HD Help!

Parent to Parent: Family Training on AD/HD (Attention-Deficit/Hyperactivity Disorder)

A series of 7 two-hour classes for anyone who wants to learn about ADHD



Class Series Endorsed by:

Children and Adults with Attention-Deficit Disorders (CHADD) of Utah; Utah State PTA Education Commission; The Utah Education Association (UEA); The Edward G. Callister Foundation; Intermountain Healthcare; The Intermountain Pediatric Society; Valley Mental Health; Davis, Weber and Ogden, Salt Lake, Murray, Granite, Carbon, South Sanpete, San Juan, Wasatch and Washington School Districts.

1. Overview of AD/HD
2. From Assessment to Treatment
3. The Impact of AD/HD on the Family & Creating Positive Behavior Intervention Plans
4. Developing Parenting Strategies and Interventions that Strengthen Family Relationships
5. What Do I Do When My Child is Having Difficulty at School?
6. Building an Education Team That Works
7. AD/HD Across the Life span: Teens and Adults with AD/HD

From September 2007 to May of 2008, the class series will be taught in 11 areas of the State of Utah.

Cost: \$60/couple (\$50/couple for CHADD members) for the entire series to cover the cost of materials. Limited scholarships are available based on financial need. **Pre-registration is required.**

Check CHADD of Utah website for updated class schedules: www.chaddofutah.com or call Kathy Romney at 801-295-5565 **(For classes taught in Spanish please contact Julie Moreno at 801-272-1051 or at 801-867-2375)**

Class Location & Registration Contact Information:

- (1) **Salt Lake City** -- classes are held each Fall, Winter and Spring on a rotating basis at different locations in the Salt Lake area from 6:30 to 8:30 P.M. Check CHADD website for current location and class series dates. **Contact: Susan McDonald—801-467-8553.**
- (2) **Davis County** -- classes are held each Fall, Winter and Spring at the Davis School District, Kendall Building, Personal Development Center 75 East 100 North, Farmington, 6:30-8:45 P.M. Check CHADD web site for current class series dates. **Contact: Kathy Romney at 801-295-5565.**
- (3) **Weber/BoxElder**—Class are held each Fall, Winter and Spring from 6:30 – 8:30 P.M at different schools in the Ogden area. **Check CHADD of Utah web site for current location. Contact: Karyn Poulson at 801-452-4389.**
- (4) **Utah Valley** – classes are held **5485 North River Run Drive in the Scenic View building**, 6:45-8:45 P.M. **Check CHADD of Utah web site for current locations and dates. Contact: Melanie Hatch at 801-789-3952**
- (5) **Cache County** -- **Contact: bsteiner.therapy@gmail.com 435-232-8419**
- (6) **Heber** – **Contact: Lindsey Knight lindsey.knight@hotmail.com 435-654-8060**
- (7) **Price** – **Contact: Debbie Henrie henrie130@emerytelcom.net 435-637-0824**
- (8) **Vernal** – **Contact: Shanna Wheeler fishwheeler@ubtanet.com 435-790-5658**
- (9) **Blanding** – **Contact: Kristi Dewitt csdewitt@hotmail.com 435-678-2054**
- (10) **Manti** – **Contact: Lorna Larsen lorna.larsen@ssanpete.k12.ut.us 435-851-0142**
- (11) **St. George** – **Contact: Jenni Heiner jheiner@infowest.com 435-986-9001**

Contact Linda Smith, Director of Education for CHADD of Utah at klsmith9134@comcast.net 801-292-2816 if further information is needed.