



CHECKLIST FOR PARENTS

CHADD OF UTAH

The checklist below may be used by the parent to indicate each step of the AD/HD evaluation/treatment process as it is completed.

- Make an appointment for the initial visit with the physician**
- Request in writing that an academic and behavioral needs evaluation of your child be done by your child's school. This request can be made to the principal, the teacher or the guidance counselor.**
- Provide information for AD/HD symptomology to the physician and the school, i.e. :**
 - Childhood history and developmental/behavioral forms
 - Behavior Rating Checklists
- Facilitate collaboration between the physician and the school educational team by taking evaluation/treatment forms back and forth from the physician to the school.**
- If a diagnosis of AD/HD is made by the physician, be sure to give a copy of this information to the school educational team.**
- Make copies of all evaluation/diagnosis/treatment information for you to keep in a file at home.**
- Attend the educational team meeting at your child's school to review the results of the psychoeducational evaluation.**
 - Be sure you receive information about your child's educational rights under IDEA and Section 504 of the Rehabilitation Act of 1973
 - Ask if your child meets the qualifications for a 504 Accommodation Plan under Section 504 or for an Individual Education Plan (IEP) under IDEA
 - Be an active participant in the development and maintenance of your child's educational program.
- Follow through with the recommended treatment plan:**
 - Parent education classes to learn about AD/HD
 - Support group meetings (CHADD)
 - Behavior management and parenting classes
 - Individual and family counseling
 - Medication when necessary
 - Follow-up visits with the physician
- Monitor all aspects of your child's treatment plan**