



CHADD OF UTAH

WHAT CAN PARENTS DO TO HELP THEIR CHILD WITH AD/HD IN SCHOOL?

EDUCATE THEMSELVES CONCERNING AD/HD

- A. **Join CHADD**, read the newsletters, **attend the series of 6 classes titled “AD/HD 101” offered by Utah CHADD Branches** and the monthly support group meetings offered by some Branches.

- B. Read books, watch videos, listen to audio tapes of workshops about AD/HD.
 - 1. Some CHADD Branches have a free lending library to members
 - 2. Read the CHADD Educator’s Manual (Available at CHADD meeting)
 - 3. Publishers who specialize in information about AD/HD
 - a. ADD Warehouse Catalog (1-800-ADD-WARE)
 - b. Hawthorne Educational Services Catalog (1-800-542-1673)

- B. Read the laws concerning AD/HD and know what rights you and your child have by law.
 - 1. September 1991 Policy Clarification Memorandum on AD/HD from the U.S. Department of Education (found in the back of the CHADD Educator’s manual)
 - 2. Individuals with Disabilities Education Act (IDEA) and Section 504 of the Rehabilitation Act of 1973.
 - 3. The 1990 Americans with Disabilities Act.

- C. Prepare an Advocacy Notebook including sections such as What is AD/HD, Assessment, School District names and numbers, Copies of Communication with School, Parent Training, School Interventions, Teacher Handouts, Adolescent Years, Adult AD/HD, School and Educational Issues—Laws, Medication, College Bound, Miscellaneous.

Understand that “Many children with AD/HD don’t receive special services until their problems are too severe to be resolved. **The solution is never to leave the matter entirely in the hands of the schools.** Expect to spend some time during evenings and weekends helping your child compensate for learning problems as well as training and supervising homework and study skills. For the child with AD/HD there are no substitutes for early diagnosis of academic problems, extensive tutoring, carefully orchestrated classroom techniques, and careful guidance through the educational process by concerned parents.”
(Helping Your Hyperactive Child by John Taylor, Ph.D, page 270)