

CHADD OF UTAH

801-537-7878

<http://members.aol.com/CHADDofUTAH>



For **CURRENT** information on CHADD Branch meeting times and locations, CHADD Coordinators and membership information please check the CHADD of Utah web site.

LOCAL CHADD BRANCHES OR CONTACTS ARE LOCATED IN:

**Salt Lake County
Utah Valley**

**Davis County
Cache County**

**Weber/Box Elder County
Southern Utah**

Most local CHADD branches sponsor free monthly meetings inviting guest speakers who address topics which may be helpful for the group, followed by individual questions, and discussion/support groups for those who choose to participate. Literature about AD/HD is available at each meeting.

Some CHADD branches offer a series of 6 rotating classes titled “AD/HD 101.” The classes are for anyone who wants to learn about AD/HD. There is a nominal cost for the class to cover the materials supplied with the course. Pre-registration is preferred. Please call CHADD of Utah or access the web site for information about registration, time and location of classes. (Some class scholarships are available for those who might need this help). The following topics are covered during the 6 week course:

1. **Overview of AD/HD**
 - What is AD/HD?
 - What Conditions may co-occur with AD/HD?
 - How is someone evaluated for AD/HD
2. **Multi-modal Treatment Plan and Education about Medications often used for AD/HD**
3. **Helping the Child with AD/HD at School (part one)**
 - Educational laws covering AD/HD
 - IEP'S and 504 Accommodation Plans
 - What parents can do to help a child be successful in school
4. **Helping the Child with AD/HD at School (part two)**
 - The impact of AD/HD on School
 - Working together: the importance of parent/teacher communication
 - Tips for working with the school
5. **Parenting a Child with AD/HD**
 - Guiding principles for successfully parenting children with AD/HD
6. **AD/HD Through the Life Span**
 - Adults with AD/HD
 - The impact of AD/HD on family relationships: couples, parent/child, siblings
 - Suicide prevention