

DIRECTORY OF PROFESSIONALS IN UTAH

DISCLAIMER: This Directory is not a comprehensive listing of services. The professionals on this list have asked to be listed here and have expressed an interest in assisting families and individuals living with ADHD. CHADD has not investigated the professionals on this list, and CHADD does not have the ability to evaluate their competence in providing services to families and individuals living with ADHD. You should personally question and investigate each provider to assess the provider's suitability for your particular needs. Placement in this directory listing does not represent an endorsement by CHADD. CHADD reserves the right to accept, reject or remove listings on the CHADD website at any time.

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Professionals in Davis County

MEDICAL SERVICES (DAVIS)		
Tanner Clinic	Pediatrician: Dr. Nathan Forbush – Layton, UT Pediatrician: Dr. Brent K. Eberhard – Layton, UT Family Practice: Dr. Michael Yates – Kaysville, UT Psychologist: Benjamin D. Christiansen, PsyD, LP – Layton, UT Psychologist: Trevor Taylor, PsyD, LP – Clinton, UT Evaluations, Medication Management	website link http://tannerclinic.com/ 801-776-4840
Westside Medical		Clinton, UT (website link) 801-774-8888
Neuropsychology Center of Utah	Psychologist: Dr. Adam Schwebach Ph.D. Evaluations, Counseling, Social Skills Group	Clinton, UT (website link) 801-614-5866
Neurology, Learning and Behavior Center	Psychologist: Dr. Sam Goldstein Ph.D. Evaluations, Counseling	Salt Lake City, UT (website link) 801-532-1484
Neurobehavioral Center for Growth (NBCG)	Psychologist: Jennifer Cardinal, Ph.D., NCSP Psychologist: Mindy Russell-Stamp, Ph.D. Evaluations, Counseling, Social Skills Group, CBT Therapy, ABA Therapy Pediatrician: Dr. Samantha Bostrom M.D. Pediatric Nurse Practitioner: Danielle Heaps, PNP Evaluations, Medication Management – ADHD, Behavioral and Mood Disorders	Bountiful, UT & Layton, UT (website link) 801-683-1062
Intermountain McKay-Dee Behavioral Health	Psychiatrist: Dr. David Orme (Located at Ogden McKay Dee) Psychiatrist: Dr. Charles Van Bose (Located at Layton Intermountain Health) Evaluations, Medication Management	Ogden, UT & Layton, UT (website link) 801-387-4956
Davis Behavioral Health	Evaluations, Medication Management, Therapy	Kaysville, UT (website link) 801-773-7060
Attention Disorder Clinic	Physician: Dr. David Jubelirer M.D. Psychologist: Dr. Aharon Shulimson Ph.D.M.S.C.P	Salt Lake City, UT (website link) 801-467-4210
Highland Springs Clinic	Advanced Practice Registered Nurse : Elizabeth Harrop, APRN Evaluations, Medication Management	Clearfield, Salt Lake City, Riverton & Orem, UT (website link)
UNI Behavioral Health Clinic	Evaluations, Medication Management, Therapy	Farmington, UT (website link)

THERAPY SERVICES (DAVIS)		
Aspire Counseling	Therapist: Lee Messersmith, LCSW Therapist: Mike Fitch, CMHC Therapist: Dwight Hurst, CMHC	Layton, UT (website link) 801-525-4645
Matt's Place	Evaluations, Therapy, Social Skills Classes, Medicine Management etc.	Centerville, UT (website link) 801-614-8400
iBehave Therapy Group	ABA Therapist: Nicole Nordello M. Ed. Social Skills Group: Carley Williams M.Ed BCBA	Layton, UT (website link) 801-771-0273
BX Redirect	BCBA Therapist: Shandra Pipkin, M. Ed, BCBA (Shandra@bxredirect.com) Therapist: Roxy Hastings	Kaysville, UT (website link) 801-923-8773
The Children's Center	Social Skills Classes, Autism Services, etc.	Salt Lake City, UT (website link) 801-582-5534
Rise	Respite Care, After school programs, etc	Utah (website link) 801-508-6133
Neurobehavioral Center for Growth (NBCG)	Therapist: Rita Zimmerman, CMHC Therapist: Carissa Perry, MSW Therapist: Trisha Chase, Ph.D. Intern Evaluations, Counseling, Social Skills Group, CBT Therapy, ABA Therapy	Bountiful, UT & Layton, UT (website link) 801-683-1062

Highland Springs Clinic		Clearfield, Salt Lake City, Riverton & Orem, UT (website link)
UNI Behavioral Health Clinic	Evaluations, Therapy	Farmington, UT (website link) 801-213-3770
Alternative Behavior Strategies	ABA Therapy, Evaluations, Speech Therapy, Occupational Therapy	Layton & Salt Lake City, UT (website link) 801-935-4171
Primary Children's Extension	Occupational Therapist: Jen	Ogden, UT (Harrison Blvd)

Therapy and Day Treatment/In-patient Services (DAVIS)

Matt's Place	Day Treatment, Partial Day Treatment, Social Skills Classes, Medicine Management etc.	Centerville, UT (website link) 801-614-8400
Utah Behavioral Health	BCBA Therapist: Rachal Green, BCBA/LCSW Speech Technician: Debbie Metzger, B.S., SLPA. Behavior Therapy, Medication Management, Day Treatment, Social Skills, etc	Clearfield, Clinton & Salt Lake City, UT website link 801-255-5131
University of Utah Neuropsychiatric Institute	UNI (Inpatient – Hospital Services) Kidstar (Day Treatment) – ages 5-12 years old Teenscope (Day Treatment) – ages 12-18 years old Summer camp programs for kids (ages 8-12) with High Functioning Autism	Salt Lake City, UT (website link) 801-587-5600 (UNI – Inpatient) 801-587-3224 (Kidstar & Teenscope) website link (Summer camp)
Davis Behavioral Health	Evaluations, Medication Management, Therapy, In-patient Treatment	Kaysville, UT (website link) 801-773-7060
Primary Children's Wasatch Canyons Behavioral Health	Inpatient, Day Treatment, Residential, Outpatient, Medication Management	Salt Lake City, UT (website link 1) (website link 2) 801-313-7770

DAVIS SCHOOL DISTRICT SERVICES (DAVIS)

Davis School District – Special Education Office	Director : Julie Larsen Parent Resources / Information (website link) Behavior Forms (website link) and Tough Kid Toolbox (website link)	(website link) 801-402-5169
Davis School District – 504 Program	Coordinator : Midori Clough	(website link) 801-402-5142
Davis School District – Davis Diagnostic Resource Center (DDRC)		801-402-5955
Davis School District – Student and Family Services	Community Resources Information (website link)	(website link) 801-402-5159
Davis School District – Related Services		(website link)
Davis School District – Safe Schools Clinical Team	Crisis Contact Information (website link)	(website link) 801-402-5919
Davis School District – Family Education Consultation Center (FECC)		801-402-5919
Parent Information & Resource Center (PIRC)	Services : Advocacy, training material, resources	(website link). 801-402-0670 801-402-0650 (En Espanol)
Utah Parent Center	Parent Consultant Serving Families in Davis School District : Roz Welch 801-402-5120 or 385-266-1707	Salt Lake City, UT (website link) 801-272-1051 (main)
Utah Department of Health – Children with Special Health Care Needs	Integrated Services Program (website link) 801-272-2988 Parent Consultants at CSHCN office (website link) 801-584-8213	(website link) 801-584-8284

Professionals in Salt Lake County

PROFESSIONAL ORGANIZERS (SLC)

Organize by Design Jamie R. Tabish	Professional organizer, time management, mentoring/classes for business, home and school. Experience working with adults and children with ADHD. We help break tasks down into small, doable, pieces then add support and structure by creating predictable visual aides to help guide you through your day. We help support your internal organization by creating external structure to help guide and keep you on track.	801-913-6846 www.organizebydesign.com organizebydesign@xmission.com
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COUNSELING / DIAGNOSIS / THERAPY (SLC)

David Jubelirer, MD Attention Disorders Clinic	ADHD – work with children and adults CHADD National Professional	1111 East Brickyard Rd, Suite 205, SLC, UT 84106 801-467-4210 drjubee@attentionclinic.com www.attentionclinic.com
Primary Children's Hospital Center for Counseling	Children and Adolescents	5770 South 1500 West. SLC, Utah 84123 801-265-3000
Assessment, Counseling and Educational Services (ACES)	Counseling for substance abuse, domestic violence, and other family issues Fees: Sliding Scale	3808 So West Temple, #1A, SLC, UT 84115 801-265-8000 www.aces-treatment.org
Center for Family Development (CFD)	Treatment for families involved in physical abuse and child sexual abuse Fees: Sliding Scale	1747 So 900 West, 2 nd floor, SLC, UT 84104 801-466-8353
The Children's Center	Treatment of emotionally disturbed preschool children and their families ages up to 7 yrs old Fees: Sliding scale-accepts private pay, insurance and Medicaid	1855 East Medical Dr, SLC, UT 84112 801-582-5534 www.tccslc.org
Child Development Clinic (CDC)	Children with special health care needs Diagnosis and evaluation for autism & dev. delays; birth to 5 yrs Fees: Sliding scale	44 No Medical Drive, SLC, UT 84112 801-584-8510 www.health.utah.gov/cshcn
Community Supports (CTA)	Community-based treatment program for individuals with autism/developmental disabilities Fees: Set and Sliding Scale	4444 So 700 East #203, Murray, UT 84107 801-268-4887
Family Counseling Center	Provides individual and family counseling, psychiatric services, substance abuse treatment, and domestic violence therapy. Fees: Sliding scale and third party payment	5250 So Commerce Dr (320 W), Suite 250, SLC, UT 84107 801-261-3500
Family Abuse Center for Treatment	Specializes in possible sexual abuse. Provides family, child and adult individual therapy and evaluations for the court. Fees: Insurance, grants, Medicaid	5691 So Redwood Road #51, Taylorsville, UT 84123 801-281-4080 ext. 15
The Fourth Street Clinic: Wasatch Homeless Health Care Program	Individual and group therapy for homeless individuals and families Fees: None	404 So 400 West, SLC, UT 84101 801-364-0058 www.fourthstreetclinic.org
Heartworks Counseling Services: The Children's Service Society of Utah	Children's therapy program ages 2-15; group counseling ages 4-10; adolescent/adult counseling; parenting classes Fees: Sliding scale and third party payors	124 So 400 East, Suite 400, SLC, UT 84111 801-355-7444 or 1-800-839-7444 www.cssutah.org/therapy/
Holladay Family & Child Guidance Clinic	Crisis intervention, family therapy. Specialized in behavior and discipline Fees: Insurance, sliding scale	4667 So Holladay Blvd #2, SLC, UT 84117 801-277-8025

Holy Cross Ministries	Professional mental health counseling-adult and school counseling services for at risk individuals Fees: Sliding scale	2570 W 1700 So, SLC, UT 84104 801- 908-0293 www.holycrossministries.org
IHC Behavioral Health Network	In-patient; residential treatment; day treatment; chemical dependency programs; outpatient treatment in most appropriate setting throughout the valley Fees: third party payers	5770 So 1500 W, SLC, UT 84123 801-265-3049 or 1-800-832-3622 www.ihc.com
Intermountain Specialized Abuse Treatment (ISAT)	Treatment and prevention of sexual abuse and domestic violence. Also substance abuse treatment program with individual and group therapy Fees: Sliding scale	3809 So West Temple, Suite 1B, SLC, UT 84165 801-268-4457 or 1-800-303-9805 www.isatcenter.org
Jewish Family Services	Counseling services for individuals, couples, and families Fees: Sliding scale; private pay; third party payers	#2 North Medical Drive (1800 East), SLC, UT 84113 801-581-1330 www.jfs-ut.org
LDS Family Services	Assists LDS Church members with counseling services. Adoption services available for non-LDS families. Fees: Individually arranged	132 So State Street, Suite 100, SLC, UT 84111 801- 240-6500 www.ldsfamilyservices.org
Mental Health Association of Utah	Conducts intensive self-advocacy training programs for mental health consumers. Trains mental health professionals in cultural competency. Conducts campaign for Utah mental health. Fees: None	1800 So West Temple, Suite 501, SLC, UT 84115 801- 596-3705 www.xmision.com/-mhaut/
NAMI Utah	Conducts educational programs for families and persons with mental illness. Support groups for persons with mental illness their families and friends. Provides student/parent education program in the schools. Provides training, mentoring and advocacy for those affected by mental illness. Fees: None	450 So 900 East, Suite 160, SLC, UT 84102 801- 323-9900 www.namiut.org
Samaritan Counseling Centers of Utah, INC	Professional counseling and consultation in a faith-based environment. Fees: Sliding Scale	1626 So 1700 East, SLC, UT 84108 801- 483-0057 www.samaritanutah.org
Shepherd's Staff Christian Counseling Center, INC	Provides professional mental health services from an interdenominational Christian perspective. Individual, family and group therapy. Fees: Sliding scale	731 East 8600 So, Sandy, UT 84098 435-649-2233 www.shepherdofthemountains.org
Trauma Awareness and Treatment Center	Provides treatment for anxiety disorders, dissociative disorders, conduct disorders, and depression. Marital, family and group therapy. State licensed domestic violence treatment provider. Fees: Set-minimum \$65/hr, private insurance, and Medicaid	715 East 3900 So, Suite 109, SLC, UT 84107 801- 263-6367 www.traumaawareness.org
University Neuropsychiatric Institute (UNI)	Clinical Assessment, Inpatient and Outpatient Services Fees: Set- third party payor	501 South Chipeta Way (2330 East), SLC, UT 84108 801- 583-2500 www.uuhsc.utah.edu/uni
Utah Autism Research Program	Assessment and Diagnosis for Autism Fees: \$500 fee / does not accept insurance	Judith Miller 421 Wakara Way, #143, SLC, UT 84108 801- 585-4098
Utah Parent Center (UPC) and Autism Information Resources	Autism information resources provide information and referral, support groups and an annual 2 day conference on autism and related issues.	2290 East 4500 So, Suite 110, SLC, UT 84117 801- 272-1051 / 801-272-1067 (Spanish) www.utahparentcenter.org
Valley Mental Health	VMH contracts with the State of Utah to provide mental health services for Salt Lake, Tooele, and Summit Counties. Fees: Sliding scale and Medicaid	5965 So 900 East, #420, SLC, UT 84121 801-263-7100 www.vmh.com

GRIEF COUNSELING / SERVICES (SLC)

Caring Connections: A Hope	Provides grief counseling and grief information and program	U of U College of Nursing
The Sharing Place	Provides grief support groups for children 3 ½ - 16 yrs old.	1695 East 3300 So, SLC, UT 84106

SUBSTANCE ABUSE SERVICES (SLC)

Al-Anon	Self-help groups, support groups, information and referral for alcohol abuse. Fees: none	5065 So 300 W, Murray, UT 84107 801-262-9587 www.al-anon-alateen.org
Alcohol and Drug Abuse Clinic	Outpatient evaluation and treatment for adult alcohol and drug abuse. Fees: Set	U of U Health Sciences Center 30 No 1900 East, 1R52 SOM, SLC, UT 84132 801- 581-6228
Cornerstone Counseling Center	Adult and adolescent outpatient substance abuse treatment. Substance abuse prevention programs and domestic violence treatment programs. General mental health counseling specializing in stress, trauma, anxiety and depression. Fees: Sliding scale-accepts private pay, private insurance, and Medicaid.	660 So 200 East, Suite 308, SLC, UT 84111-3853 801- 355-2846 www.cornerstonesic.com
First Step House	Residential and outpatient substance abuse services. DUI classes, group and individual therapy Fees: sliding scale for Salt Lake County residents; set for others.	411 So Grant Street (740 W), SLC, UT 84116 801- 359-8862 www.firststephouse.org
Indian Walk-In Center	Adult substance abuse care and counseling and youth substance abuse prevention program for American Indians and Alaskan Natives	120 West 1300 So, SLC, UT 84115 801- 486-4877
Life-Line Inc.	Group, individual, and family therapy for youth (13-18) and their families experiencing substance abuse and other behavior problems. Fees: Set-approx. \$2000 per month	1130 West Center St, North Salt Lake, UT 84054 801- 936-4000 www.life-line.net
Odyssey House	Treatment, education, and prevention services for substance abuse, juvenile delinquency, and people with self-destructive lifestyles.	344 East 100 So, #301, SLC, UT 84111 801- 322-4257 www.odysseyhouse.org
Substance Abuse Prevention and Treatment Services	Substance abuse services for ages 8-17, including evaluation/assessment, individual, group and family counseling and life skill classes. Fees: Sliding scale or none	Salt Lake County Division of Youth Services 177 West Price Avenue (3610 So), SLC, UT 84115 801- 269-7500 www.slcoyouth.org
Youth Support Systems	Prevention and treatment of adolescent substance abuse and co-occurring disorders. Includes Project Link a substance abuse prevention program targeting youth in junior high and standard/intensive outpatient substance abuse treatment programs. Fees: Treatment-sliding scale	3392 West 3500 So, West Valley City, UT 84119 801- 969-3307 Email: yss@attglobal.net

Professionals in Utah County

COUNSELING / DIAGNOSIS / THERAPY		
Dr. Aaron Allred Bristol Health	Testing and diagnosing ADD/ADHD, learning disorders, depression, anxiety, and other psychological conditions. Diagnostic evaluations to provide school-related accommodations and standardized testing accommodations (e.g., ACT, SAT, or GRE, etc.). Evaluations can help in providing clarification for individuals working with a physician or a counselor/therapist. For children, adolescents and adults.	935 Orem Blvd, Orem, UT 84058 (801) 903-5903 aaron.m.allred@gmail.com https://therapists.psychologytoday.com/rms/nameAaron_Allred_PhD_Provo_Utah_213187
Camille Curtis Anderson LCSW Provo Counseling Center	Counseling for depression, anxiety, porn addition, relationship issues and parenting classes.	3425 N. University Ave suite 300 Provo, Utah 84604 (801) 362-8543 lfosterconnect@gmail.com
Cedar Psychiatry	ADHD testing and diagnosis, medication management, genetic testing and therapy	672 W 400 S Suite 201, Springville, UT 84663 1788 N State St, Orem, UT 84057 contact@cedarpsychiatry.com 810-369-8989
Dr. Russ Gaede, PsyD, CMHC Regenesys	Mental health therapy Using Positive Psychology to help you feel better and achieve more	1429 South 550 East, Orem, UT 84097 801-477-0467 www.drussstherapy.com russellgaede@gmail.com
Jessica Harper, CMHC Aspen Valley Counseling	Specializes in ADD/ADHD	210 W. 520N., Orem, UT 84057 801-224-1103 Facebook aspenvalleycounseling.com
Josh Thorn, LCSW Sunny Day Counseling	Works with struggling adolescents and young adults. Helps parents to better understand their kids and implement measures to more effectively reach them, eliminate tech overuse and work through substance use struggles. Offers EMDR for those seeking to address trauma related issues.	sunnydaycounseling.com josh.thorn@gmail.com 801 921-9726
Dr. Ben Salazar Counseling and Treatment Center of Utah	Psychologist in part-time private practice, for older adolescents (16+) and adults, individuals and couples. Specializes in working with anxiety disorders, relationship concerns, and depression. On most major insurance panels, including Select Health, United Healthcare, DMBA, Blue Cross, EMI, and some others.	(801) 804-1028 1220 North Main St. #4, Springville, UT 84663 ben@ctcofutah.com
Audrey South, CSW	Specializes in working with chronic health and ADHD; also treats those with depression, anxiety, trauma. Enjoys helping others with personal development and growth; also works with couples and relationships. Facilitates groups, workshops, and retreats!	www.southcounseling.com 385.220.4751 Office in Orem and Bountiful
Adam Thompson LCSW, BCN Psychology Today	Certified in EMDR and BWRT therapies	Orem Utah (801) 921-4640

Professionals in Summit County

COUNSELING / DIAGNOSIS / THERAPY

David Jubelirer, MD Attention Disorders Clinic	ADHD – work with children and adults CHADD National Professional	2760 W. Rasmussen Rd., Suite 205, Park City, UT 84098 801-467-4210 drjube@attentionclinic.com www.attentionclinic.com
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Professionals in Weber County

COUNSELING / DIAGNOSIS / THERAPY

McKay Dee Behavioral Health	Hospitals, Mental Health Clinics, Mental Health Practitioners, Marriage & Family Counseling, Family Crisis Intervention Services	5030 Harrison Boulevard, Ogden, UT 84403 801-387-5744
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